

Terms & Conditions

Appointments

You will be offered an appointment either in clinic or via the internet depending on suitability and whether you can attend the clinic in person. Initial assessment appointments are 90 minutes, and treatment sessions are 50 minutes. You will be asked to complete psychometric questionnaires prior to your initial appointment, and at your final treatment session should you decide to have a course of therapy.

You will also be asked to complete a registration form before your initial appointment and this must be provided to the Therapist either before the appointment or at the beginning of your appointment. If you have not completed a registration form or completed the questionnaires you will be asked to do this at the beginning of the first appointment.

Fees and payment

The fee for your first assessment appointment is to be paid by bank transfer at least 48 hours prior to your session. Payment details will be provided with confirmation of your first appointment. You will be provided with a receipt once payment had cleared. If payment is not received 48 hours prior to the assessment the appointment will be considered to be cancelled.

If, after the first appointment, you decide to undertake a course of therapy with the clinic you will arrange directly with your therapist how to pay for your sessions. If you intend to use private healthcare insurance to cover your treatment sessions and your insurance policy does not cover the full cost of each session, you will be responsible for the payment of any fees not covered by your policy. It is your responsibility to check with your insurers the policy cover. We will invoice your private healthcare insurance provider and will inform you of any unsettled fees and these must be paid within seven days of receiving the invoice.

Cancellations and Missed Appointments

Please contact the clinic as soon as possible to let them know if you need to cancel an appointment. Cancellations with less than 48 hours notice before the appointment or non-attended appointments without any prior notice will be charged at the full rate. If you have a holiday or other arrangement coming up which interferes with your sessions, please give your therapist as much notice as possible. Your therapist will provide you with as much notice as possible if they need to cancel or reschedule one of your appointments.

Confidentiality

The information you share with us in an assessment session and treatment sessions is confidential and will not be shared with any third parties. However, there are certain circumstances in which your therapist has a legal, professional or ethical obligation to disclose information without requiring consent. This includes, but is not restricted to, updating your referrer on your progress. Your therapist may seek consultation with a colleague to maintain a high standard of clinical practice and identifiable information is not revealed in these consultations.

If you have been referred for a psychological assessment prior to having a cosmetic intervention, you agree that a summary of the assessment can be provided to the lead cosmetic practitioner or surgeon.

The data from the completed psychometric questionnaires collected prior to the assessment, and during the course of the treatment sessions may be anonymised and used for audit or research purposes to improve the services offered by the clinic. By signing this form you consent to your questionnaire data being used anonymously for these purposes.

I declare that I have read and understood the above information and I agree to the terms & conditions set out in this document

Name:

Date:

Signature (Print Name):